
Rudolf Steiner's Calendar of the Soul

Dates from Easter 2018 to Easter 2019

April 1, 2018: verse #1
Easter Mood

April 8: verse #2

April 15: verse #3

April 22: verse #4

April 29: verse #5
Light from Spirit Depths

May 6: verse #6
(May 10: Ascension)

May 13: verse #7
Luciferic Temptation

May 20: verse #8 Whitsun

May 27: verse #9

June 3: verse #10

June 10: verse #11

June 17: verse #12

June 24: verse #12
St. John's Mood

July 1: verse #13

July 8: verse #14

July 15: verse #15

July 22: verse #16

July 29: verse #17

Aug. 5: verse #18

Aug. 12: verse #19

Aug. 19: verse #20
Luciferic Temptation

Aug. 26: verse #21

Sept. 2: verse #22
Light from Cosmic Widths

Sept. 9: verse #23

Sept. 16: verse #24

Sept. 23: verse #25

Sept. 30: verse #26
Michaelmas Mood

Oct. 7: verse #27

Oct. 14: verse #28

Oct. 21: verse #29

Oct. 28: verse #30

Nov. 4: verse #31
Light from Spirit Depths

Nov. 11: verse #32

Nov. 18: verse #33
Ahrimanic Deception

Nov. 25: verse #34

Dec. 2: verse #35
(Advent)

Dec. 9: verse #36

Dec. 16: verse #37

Dec. 23: verse #38
Christmas Mood

Dec. 30: verse #38

Jan. 6, 2019: verse #39

Jan. 13: verse #40

Jan. 20: verse #41

Jan. 27: verse #42

Feb. 3: verse #43

Feb. 10: verse #44

Feb. 17: verse #45

Feb. 24: verse #46

Mar. 3: verse #46
Ahrimanic Deception

Mar. 10: verse #47

Mar. 17: verse #48
Light from Cosmic Heights

Mar. 24: verse #49

Mar. 31: verse #50

April 7: verse #51

April 14: verse #52

April 21, 2019: verse #1
Easter Mood

Note: Rudolf Steiner first published the fifty-two mantric verses we know as the *Calendar of the Soul* in 1912. Subsequent editions of the *Calendar* often repeat the dates from 1912 or sometimes 1918. But the dates need to be adjusted each year according to the yearly change in the date of Easter. The dates listed here for 2018-2019 adhere to the practice of meditating a new verse each week, Sunday through Saturday. That formula was also used in the original edition. In keeping with Rudolf Steiner's instruction, we open the meditative year with verse number one on Easter Sunday (April 1, 2018) and follow the seven-day astral rhythm of the soul to the next Easter (April 21, 2019).

There are fifty-five weeks from Easter 2018 to Easter 2019, but Rudolf Steiner composed only fifty-two verses. We can adjust for this disparity by adding a second week for working with verses 12, 38 and 46 (St. John's, Christmas and the start of Lent).

The method of setting the cosmic date of Easter requires us to re-chart the yearly course of the verses in the Soul Calendar, since there are never exactly fifty-two weeks between one Easter and the next. We want to keep the verses as much as possible in sync with the major Christian festivals and observances. The Calendar also guides the meditant through the metamorphosis of the archetypal plant, the changing of the seasons, the positions of the planets and the journey through the zodiac. We come to treasure the anthroposophical *Calendar of the Soul* as a living pathway to attaining self-knowledge and spiritual awakening.

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