

## **CRC ‘The Three Days’ Easter Sunday 12 April 2020**

by Hazel Archer-Ginsberg, indications from Emil Bock and Rudolf Steiner

**Hazel:** Welcome – Cots Verse for Spring - Easter Mood

‘When out of world-wide spaces

The sun speaks to the human mind,

And gladness from the depths of soul

Becomes, in seeing, one with light,

Then rising from the sheath of self.

Thoughts soar to distances of space

And dimly bind

The human being to the spirit’s life’.

~Rudolf Steiner

Lisa: My dear friends, for each of our three days, we have brought forth an artistic activity to engage us on multiple levels. Today, in the midst of our narrative sharing, I will be inviting you to express yourself in movement with guided imagery. You are welcome to use full physical movements up on your feet, or perhaps seated and playing with just your toes or fingers. As much as you wish. You may step away from your camera, turn it off if you like or share your movement directly. You may make sounds you discover too as we will have you on mute. However you wish will be perfect.

(Spoken Conversationally)

**Marianne:** Easter is a spiritual event that takes place on the stage of humanity.

**David:** The physical body of Jesus of Nazareth is the mediator through which the powers of the cosmos are united with the Earth aura.

**Hazel:** With the sacrifice on Golgotha, when the life-blood of the Cosmic Heart penetrates the Earth, and its forces flow down, even to the very core, the Earth becomes illuminated from within.

**Craig:** The Resurrection takes place, 1st at the gates of the underworld for the souls of the dead who had lost their divine nature.

**Lisa:** And with the dawn on Easter Sunday, the opportunity is then given to every single human individuality to experience this light within the self.

**Marianne:** And the seed is planted for the reunion of Sun and Earth.

**David:** The Mystery of Golgotha is the pivotal event of the whole divine process of creation, of the whole process of human evolution from its beginnings in the womb of the Spirit, to its consummation in humanity as the 10th hierarchy.

**Hazel:** The Christian Festivals were never meant to be merely the commemoration of great historical events or simply truths of the Christian revelation, as great as these are.

**Craig:** The Festivals in themselves, are, each year, spiritual events, carrying a significance that grows and deepens with the developing phases of human evolution, ever evolving as we do.

**Lisa:** This is especially true of the Easter Festival, with its answer to humanity's deepest needs, its quickening of our highest hopes; with its message of the victory of good over evil, of light over darkness, of life over death.

**Marianne:** Again and again, from all points of view, Rudolf Steiner spoke about the deep meaning of the Easter Festival in the eternal working of the divine worlds upon humankind, in the prefiguring myths and symbols of the ancient Mystery religions, in its relation to the world of nature and the cosmic universe, in which the date of this moveable feast contains a unique mystery.

**David:** For it is determined by a cosmic alignment. 1<sup>st</sup> the sun must enter into the sign of Spring, then it waits, for the moon to come into its vernal fullness...then the planetary beings whose names correspond with the days of the week come into play. This is Holy Week.

**Hazel:** We are invited to connect to the Solar forces, so when the first Sun-day after the Full Moon of Spring arrives, then it is time to celebrate the Easter Festival.

**Craig:** And there is deeper meaning still in this alignment. It indicates how through the Christ Impulse, humanity is to be set free from the forces of earth-evolution, pure and simple.

**Lisa:** It contains a call to humanity to lift ourselves up to the worlds beyond the earth; to once again speak with the stars. It contains a promise, that in the course of world-history, it will be possible, through the working of the Christ Impulse, for humanity to once again be united with the cosmos, in the New Jerusalem.

**Marianne:** It is for this that we strive when we celebrate the Easter Fest.

Its consequence must be looked for in all human history, in the arts, in human thinking, in all social relationships, and even in the materialistic triumphs of modern science.

**David:** The great initiate Rudolf Steiner told us: "Anthroposophy itself must become like an inner festival of Resurrection for the human soul. It must bring an Easter mood into humanity's world-conception".

**Lisa:** Now, I invite you to journey with me in imaginative movement and sound, gestures and breath. You might wish to move in the space or just where you are seated, as you like. Trust that you won't need to see the screen on this journey, a journey of your four fold being in physical, etheric, astral and ego bodies. Imagine (as inspired: something like=you are in a sense of upright balance. Now, a heavy shadow weighs down upon you drawing you down, a sense of contracting earth ....deep into earth, molding movements, spark of light ignites expansion through water, air into full radiance..... ... Restoring to balance, allow yourselves to find your self seated, perhaps with the echo of your journey lingering.

**Hazel:** And so with guidance from the spiritual worlds we bring you these Easter thoughts. The airy regions of the Earth rejoice. Can you hear the ringing of the Easter Bells? Angels calling. Singing, through the breath of nature, jubilating in delight. For the grave, & the heart are full, of light.

**Craig:** The sun-filled pulse of life is living in the human heart. The wide-span of soul breathes in the fragrance of Spring renewed, touched by the Risen Christ.

**Lisa:** Yet from the ancient chasm the earth quakes. Reverberating with the revolution. Echoing up from the empty tomb. Resounding in gladness. Trembling the rocks. Flashing with lightning to tear away the curtain. Removing the blindfold of the senses. To see the spirit form, shining white, like snow, in overwhelming brilliance.

**Marianne:** Fear turns to astonishment.

**David:** Stand with me dear sisters & brothers on the high summit of the mountain. Then descend with the women to the grave, to meet the angels who have rolled away the stone.

**Hazel:** Walk with me to the top of Mount Tabor, in the sunny landscape of the Sea of Galilee. Under the wide open sky, draw in, the miraculous draught of fishes, and become a fisher of men.

**Craig:** Or shall we meet in the upper room, the Cenacle, where the washing of the feet and last supper vibrate still.

**Lisa:** Come, shout Hallelujah from Mount Zion, to get a glimpse of the Ascension that is to come.

**Marianne:** Stand alone with Mary Magdalene to meet the gardener, the new seed planter, cultivator of a fresh life on earth. Can you hear him calling your name?

**David:** Anxiety becomes amazement shining through tears of pure love, which opens their super-sensible eyes and grows the heart.

**Hazel:** Or do you need to put your fingers in the wound like Thomas the doubter?

**Craig:** Receive instead, the 'warmth that changes the beat of our heart, weaving in our blood a true fulfilment'

**Lisa:** Know in truth: 'Christ is Risen to you as the meaning of the Earth'!

**David:** If we align our will with the Divine Will, then we too can 'Come Rise'...

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**Marianne:** Short Sound Interlude

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**Hazel- Break out room Question: What do you think the Being of the Earth is wanting us to hear today on Easter Sunday 2020?**

(We come back have a large group sharing,  
& then go into the 'Elemental Chorus')

**Elemental Chorus:**

Hazel -

“Grant me a vision of Nature’s forces  
That connect the worlds; all its seeds and sources  
And innermost life – all this I shall see,  
And stop peddling in thoughts that mean nothing to me...”  
Rudolf Steiner, calling to mind this quote from Goethe’s Faust, tells us in his lectures entitled ‘Symphony of the Creative Word’: “...Thus you can see that what lies beyond the threshold is calling to be part of our own nature, you see how it takes us into active divine forces, into what lives and works in all forms of existence.” Hear now the Elemental Chorus, inspired by what Steiner gives at the end of these 1923 lectures.

David –**Human Spirit receive now a message from the Gnomes – We are the Elemental Beings of earth; working in your Metabolic organization.**

*“You dream yourself  
And shun awakening.  
I maintain the power of root nature,  
It creates for me the body of forms.  
O human being – Strive to awaken”!*

Hazel - **Human Spirit receive now a Message from the Undines – We are the Elemental beings of water; working in your Rhythmical system**

*“Your think the deeds of angels  
And know it not.  
I bestir the water’s power of growth,  
It creates for me substance of life.  
O human being - Think in the spirit”!*

Lisa - **Human Spirit receive now a Message from the Sylphs – We are the Elemental Beings of air; working in your Nerves and Senses**

*“Creative might shines to you,*

*You divine it not.*

*You feel its strength and live it not.*

*I quaff the airy force of life,*

*It fills me with the power of existence.*

*O human being – Live and create a cosmic breathing existence!”*

Marianne - **Human Spirit receive now a Message from the Salamanders – We are the Elemental Beings of fire; warming the “I”.**

*“Divine Will offers you strength,*

*You accept it not.*

*With its strength you can Will - Yet you thrust it from you.*

*I consume the striving power of fire,*

*Into spirituality of soul it releases me.*

*O human being – Receive in love the will-power of the gods!”*

David- **Gnomes:** *O human being – Strive to awaken!*

Hazel- **Undines:** *O human being - Think in the spirit!*

Lisa- **Sylphs:** *O human being – Live and create a cosmic breathing existence!”*

Marianne - **Salamanders:** *O human being – Receive in love the will-power of the gods!”*

David: At the turning point of time  
The cosmic spirit-light of the world  
Entered the stream of earth existence.

Hazel: Darkness of night had ceased its reign;

Lisa: Day-radiant light  
Shone forth in human souls:



Marianne: Light  
That gives warmth  
To simple shepherd's hearts;

Craig: Light  
That enlightens  
The wise heads of kings.

David: Light divine,

Hazel: Christ-Sun,

Lisa: Warm  
Our hearts;

Marianne: Enlighten  
Our heads;

Craig: That good may become

David: What from our hearts  
We are founding,

Hazel: What from our heads  
We direct,

Lisa: With Single purpose

Marianne: And focused willing  
(Music: Now the green blade riseth...?)

**Mary Ruud – Performance of the COTS Easter Mood Verse**

**Hazel:** When out of world-wide spaces

The Sun speaks to the human mind,

And gladness from the depths of soul

Becomes, in seeing, one with light,

Then rising from the sheath of self,

Thoughts soar to distances of space

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**Mary Ruud leads - All Together: The Hallelujah in Eurythmy**

**Hazel:** Thank you & Happy Easter