

e-Correspondence

from the Central Regional Council
of the Anthroposophical Society in America

February, 2014



Communication Support:

If you are receiving this email as the contact person in your area, **please forward it on** to all the members in your group, branch or initiative. We want to ensure that all our members in the region remain connected. If you prefer that another member of your group be responsible for receiving and passing this on, please let us know. **We need your help and thank you.**

Contents:

- [Speaking with the Stars Project](#)
- [Becoming Involved in Speaking with the Stars](#)
- [Regional Conference Calls](#)
- [Planning Meeting June](#)
- [Self Education](#)
- [Blog - Coming Soon](#)
- [Highlights from the January 22nd call](#)
- [National Calendar Event Posting How Tos](#)
- [David Howerton's February poem](#)
- [Thoughts on Candlemas](#)
- [What's Happening in the Central Region](#)

*More heavenly than those glittering stars we hold
the eternal eyes which the Night hath opened
within us. Farther they see than the palest of those
countless hosts -- needing no aid from the light,
they penetrate the depths of a loving soul -- that
fills a loftier region with bliss ineffable.*

~ Novalis
Hymns to the Night

Speaking with the Stars Project



The Central Regional Council is very excited to be embarking on this new impulse in our regional work toward strengthening our relationship to the heavens while standing firmly on the earth. To this end, we will not be meeting at the beginning of May as we have in recent years. The form of our annual gathering is metamorphosing as we engage in a region-wide series of activities leading to a collaborative *Speaking with the Stars* event during the Easter season of 2015. During this current year, 2014, we will actively work on preparing ourselves and those interested members and friends within our region by coming to greater familiarity with the heavens and cosmic events; the night sky, the phases of the moon, the celestial dance of planetary bodies and how we may engage in a more conscious conversation. We are pleased to be working with Mary Stewart Adams who is offering us guidance and insights out of her years of research as an astrosopher and star lore historian.

The above painting was part of a series created by [Laura Summer](#) in 2010 while studying the *Philosophy of Freedom*. You may check out other paintings in her series at <http://laurasummerrecentwork.blogspot.com/2010/>

How to become involved in Speaking with the Stars Project:

Regional Conference Calls – The Regional Council will be hosting a series of conference calls to share new thoughts, insights and inspirations about our *Speaking with the Stars* project with members and friends. Scribed notes and resources mentioned during our calls will be posted onto our Central Region webpage.

Regional conference call

April 9, 2104 – 7:15 – 8:15 pm CST (8:15-9:15 EST)

TOPIC: *Speaking with the Stars* Project

This will be a “GO TO MEETING” CALL

Dial +1 (312) TBA

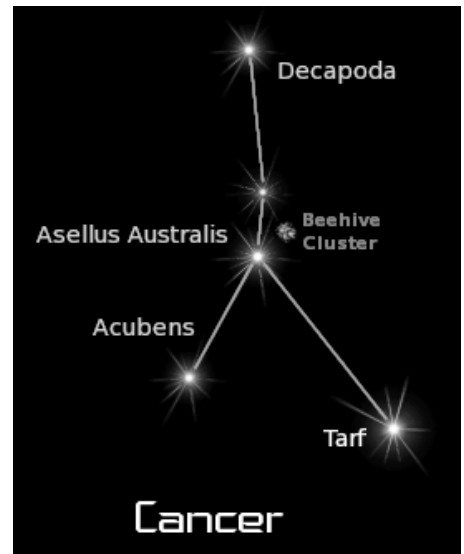
Access Code: TBA

Event Carrier Planning Meeting – June 1-4 in Mackinaw City, MI

Emmet County Headlands International Dark Sky Park

A group of members who are committed to serve as coordinators from each regional center as Beehive Clusters* will be welcomed to participate in a planning meeting facilitated in June by the Central Regional Council. Local coordinators are those willing to host a series of conversations and local events as part of our region-wide *Speaking with the Stars* project during Easter 2015. More information will be shared about what will be expected soon and how to register your local site as a Beehive Cluster.

***Beehive Cluster:** comes from an image shared during our January 22nd call. There is a connection to the cluster of stars to be found in the center point of the Cancer constellation which can be viewed as the pre-formation of the heart-forces.



Self-Education Keep A Journal ~ Consider building your relationship to the cosmos through an awareness of the moon's phases, contemplating your own biography in relationship to the new and full moon.

Explore and **understand the terminology** used for phenomenological events in the night sky.

Study the resource articles mentioned.

Be actively **aware of events occurring in the world** and how they relate to what is occurring in the heavens.

Speaking with the Stars - Blog:

Over the next several weeks, the CRC will be setting up a blog on our webpage in order to facilitate the active dialogue and sharing of ideas, activities, and inspirations of our members and friends who have become engaged in this project. The blog site will be monitored by a member of the council to ensure that the information presented remains respectful and aligned with the intentions of the project. More information will be coming with regard to how you might sign-up to participate in this project blog.

Highlights from our January 22, 2014 Regional Conference Call:

We had a remarkable conference call on Wednesday, January 22nd with members from 12 States and even Canada. Many groups and branches were represented. Notes from the call and many of the resources mentioned during our conversation have been sent out and are posted on the Central Region webpage on the Anthroposophical Society's website. Follow the link:
<http://www.anthroposophy.org/group/s/central-region/>

Every star that we see glittering in the heavens is in reality a gate of entry for the Astral. Wherever the stars are twinkling and glittering in towards us, there glitters and shines the Astral.

Look at the starry heavens in their manifold variety; in one part the stars are gathered into heaps and clusters, or in another they are scattered far apart.

In all this wonderful configuration of radiant light, the invisible and super-sensible astral body of the Cosmos makes itself visible to us.

Rudolf Steiner - June 4, 1924

We wish to thank **Mary Stewart**

Adams for sharing so generously from out of her life's work to support our collaborative *Speaking with the Stars*. We hope you are able to follow this project as it unfolds over the next year and a half.

NATIONAL CALENDAR OF EVENTS – POSTING HOW TO:

The Anthroposophical Society in America has a national calendar of events which is available to groups and branches. Anyone with an event may post their event and an image, if you have one, on the website as another avenue for notifying interested members and friends of your activities and events.

The following is a step-by-step guide to posting your event on the website:

Go to the calendar page: www.anthroposophy.org/calendar

In the right-hand column you will see boxes of text – the top one includes a prompt to **Add Calendar Event**.

If this is your first time adding an event, you will need to **register to use the Calendar**.

Click on the box to register: **type in a password, your first and last name and email address as requested**.

You will receive an email asking you to confirm your registration – click on it and you are ready to go.

When you wish to add an event – [go to the Calendar page and login](#) – the button will be found below the information about registering.

Enter the information you submitted when you registered and you will be taken to an [ADD CALENDAR EVENT screen](#).

From this screen, follow the prompts and add your event. **BE SURE TO IDENTIFY the region of your event.** This will include the event in the regional calendar listing as well as the national chronological listing.

John Beck, as editor will be reviewing all submissions and then allow the event listing to go “live”.

This may not happen immediately so please be patient if you don’t see your event listed right away. If after a day or two you don’t see it, contact John at editor@anthroposophy.org.

This is a great way to let the wider Society know about some of our regional events and activities.

*My friend you have departed from this sphere.
My earthly senses yearn for you near.
Through them I search for you in vain.
The unanswered longing gives great pain.
Then I realize for you to be found.
I must search a higher ground.
With luminous eyes of spirit do I see.
What now is apparent within me.
I see the connections that we form on earth.
Have indeed an enduring worth.
Reverently searching for what is true.
Our love forms a bridge from me to you.*

*What we recognize as answer.
We must first find as question.*

*Limb and trunk with will take flight.
Towards the purifying warm sun light
A loving heart to feel.
Revealing to us what is real.
With thinking head unite.
A glow in soft moon light.*

*Offered with love by David Howerton
member of The Anthroposophical Circle of St. Louis*

Thoughts on Candlemas by ~ Hazel Archer Ginsberg



I know, it's easy to forget at this time of year when the skies are steel gray and the ice crystals bite, that stirring in the cold winds, is the spark of spring – waiting - to be ignited by the passion of our purpose...

Can you feel the energy of the earth – Quickening? Groaning and stretching in the earth of our body, like a snake trying to shed its skin, yearning to peel off all those layers of winter clothes in response to the rising sap.

February 2nd is called by some, Candlemas, by others, groundhog's day, still others, Imbolc, the Celtic word that means “in the Belly” - the lambing season; the time of year when the belly of the great mother quickens with the growing light; a time to purify and get fertile.

So let's charm the plow, and kiss the candle to kindle, a need-fire as a welcoming beacon, to call back, our dormant power, to heat up, our potential, and re-seed our creativity, as we add fuel to the fire of our community. One spark warms us all, a purifying fire, that burns clean and opens the way to the true power of love and light from deep within us, we stand on the waxing side of the new moon, in the Chinese new year of the Wood Horse.

I SAW BRIGIT
MAKING AN ANGEL IN THE SNOW
SHE CALLED HER SHADOW
AND THEY DANCED TOGETHER
BANISHING THE WINTER
HER SONG ECHOING
IN THE ARCTIC ACOUSTIC
WAS LIKE A CRISP ICICLE
TRACING AN IMAGE OF THE SUN
ON THE SNOW



Yes...this time of year is about the promise of spring! As we step out of the center point of the dark half of the year, preparing for growth and renewal - Performing the ancient rituals of spring cleaning, purifying and anointing the body electric, awakening the active spirit within. This is a time of spiritual re-dedication, of self-blessing and initiation, of affirming and energizing creative work. A time of blessing the seeds and consecrating the garden tools, of calling forth and rekindling the sacred fires, ancient symbol of invigoration, of becoming, of rebirth; that we may heal ourselves and each other; that we may see our creativity become fruitful; making us fertile ground for the promise of spring.

What's happening in our Region?

The Wildest Dramas Ever Written - Rudolf Steiner's Mystery Plays

March 14-15, 2014 - Rudolf Steiner Branch, Chicago, IL ~ An evening talk and Saturday workshop with Barbara Renold. For more information: hazel@shedrums.com

Encountering Easter as Mystery of the Center

Discover the current cosmic gestures in the light of Astrosophy, including the 'Grand Cross'

April 11-12, 2014 - Rudolf Steiner Branch, Chicago, IL ~Workshop with Mary Stewart Adams

Create a Mandala informed by the Holy Week and the Rhythms of the 8-fold path.

Celebrate the Mystery of Rebirth in a Festival of Social Astronomy...

Contact hazel@shedrums.com

The Human Heart - Its Physiology in the Context of Reincarnation and Karma

May 16 – 18, 2014 - Weekend Workshop at Camphill Village MN, Sauk Centre, MN

Guest presenter: **Dr. Armin Husemann**, will present an understanding of the heart spanning from physiology to soul life and destiny. His four lectures will consider the following:

- 1) Is the Heart a Pump?
- 2) Life and Soul in the Movement of the Blood
- 3) The Upright Human - An Awakening for the Heart
- 4) The Heart as Organ of Karma.

Eurythmist Lynn Stull, founder of Arts2Thrive <http://arts2thrive.com/> will bring artistic understanding and expression to the concepts of the heart. More workshop details and registration information will be sent out in early March. In the meantime, we hope you will consider joining us and save these dates on your calendar. If you have questions now, please e-mail Carol Nichol (cawa12@charter.net).



If you would like to read about the heart in **preparation for the workshop**, Dr. Husemann has recommended the following lectures from Rudolf Steiner which are available online via the Rudolf Steiner Archive.

The St. Cloud Steiner Study Group will study these lectures over the next few months.

- 1) Spiritual Science and Medicine, Lecture II, March 22, 1920 (GA312) <http://wn.rsarchive.org/GA/GA0312/19200322p01.html>
- 2) Therapeutic Insights: Earthly and Cosmic Laws, Lecture IV, July 2, 1921 (GA205) <http://wn.rsarchive.org/GA/GA0205/19210702p01.html>
- 3) The Human Heart, May 26, 1922 (GA212) <http://wn.rsarchive.org/GA/GA0212/19220526p01.html>



Armin J. Husemann, Born 1950

MD, since 1987 General Medicine practice in Stuttgart, Germany.

From 1988 to 1993 worked as school physician, since 1993 director and lecturer at Eugen Kolisko Academy in Filderstadt, Germany (formerly Anthroposophical Doctor Seminar) <http://www.kolisko-akademie.de/> Leader of the German Anthroposophical Doctors Association. Lecturer in anthroposophic medicine and anthropology at home and abroad. Accomplished pianist.



If you have any suggestions or contributions for upcoming issues, please send them to Marianne Fieber at marianne.fieber@yahoo.com. In the subject line, indicate that they are for the e-correspondence. We hope this format will help us reach members in a timely way with information that is of interest.

Some simple guidelines for submissions:

- * Deadline: 3rd Saturday of the month
- * Electronic submissions only to marianne.fieber@yahoo.com
- * Poetry or thoughts coming out of your work with anthroposophical ideas
- * Activities taking place within the Central Region
- * Reports and photos from anthroposophical events offered by Groups, Branches or Initiatives
- * Activities which are led and/or developed by members living within the Central Region

Note: We reserve the right to edit contributions as needed.

The Central Regional Council is:

Dennis Dietzel, Roseville, MN
Marianne Fieber, Viroqua, WI
Mary Louise Hershberger, Fargo, ND
Alberto Loya, Ann Arbor, MI
With Hazel Archer-Ginsberg, Chicago, IL