

e-Correspondence

from the Central Regional Council
of the Anthroposophical Society in America



Michaelmas, 2014

Communication Support:

If you are receiving this email as the contact person in your area, **please forward it on** to all the members in your group, branch or initiative. We want to ensure that all our members in the region remain connected. If you prefer that another member of your group be responsible for receiving and passing this on, please let us know. **We need your help and thank you.**

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Speaking with the Stars project

The *Speaking with the Stars* project strives to empower us to ripen our speech, so we can work in a Michaelic way with the spiritual beings of the stars.

UPCOMING REGIONAL CONFERENCE CALLS

November 18th – 7:15 pm CST (2nd Trimester)

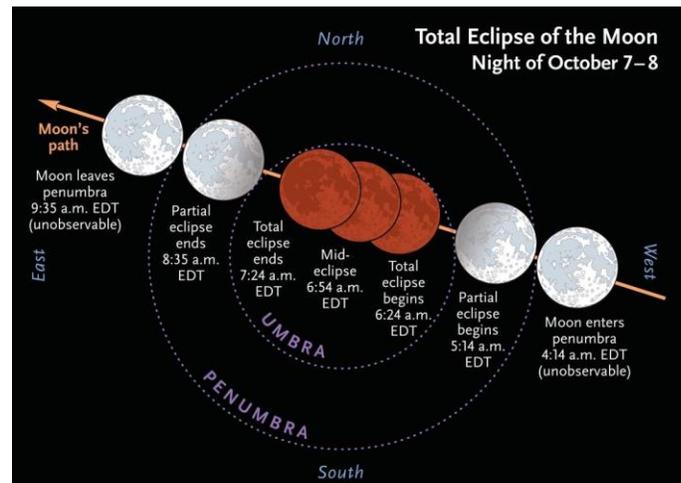
February 24th – 7:15 pm CST (3rd Trimester)

Preparing for the Lunar Eclipse

From Mary Stewart Adams

October 8, 2014 brings the second of the series of four successive Total Lunar Eclipses that will occur in 2014 and 2015. The Eclipse begins at 5:15 am EDT (4:15 CDT) and achieves totality just over an hour later, at 6:25 am EDT (5:25 am CDT).

Because Lunar Eclipses happen at Full Moon Phase, and this one occurs near dawn, the Moon will be seen over the horizon to the West, as the Sun begins to rise in the East. Best views will be from an area where you have a full 360* view of the horizon, from East to West.



The Total Phase of this eclipse lasts from 6:25 am to 7:24 am EDT (5:25 am to 6:24 am CDT), with Greatest Totality occurring at 6:55 am EDT (5:55 am CDT). Total Eclipse Phase is followed by waning Partial Eclipse, which ends at 8:34 am EDT (7:34 am CDT). In Northern Michigan, the Sun will rise at 7:46 am, with Moon setting at 7:53 am. This means the Moon will still be in Partial Eclipse Phase as it sets over the Great Lake Michigan, when viewed from the Headlands International Dark Sky Park.

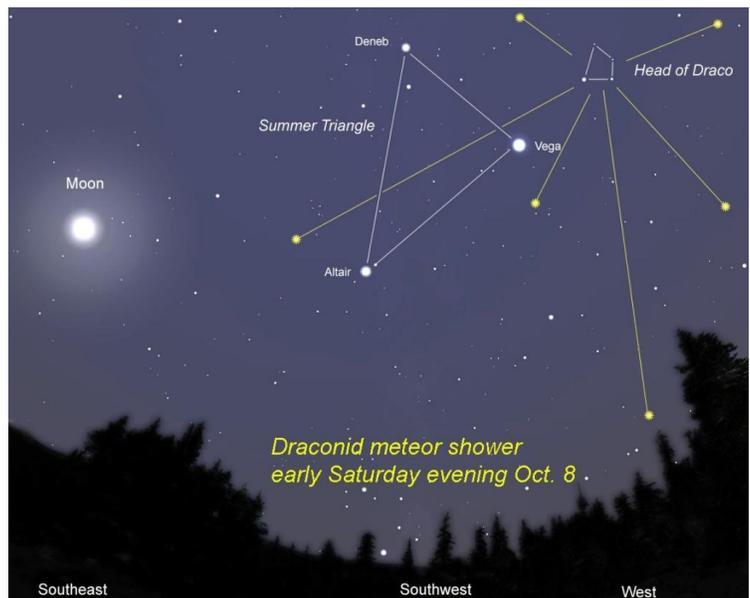
At this time of the year, the Moon comes to Full Phase among the stars of the constellation Pisces, the Fish, opposite the Sun, which occupies the region in front of the starry constellation Virgo, the Maiden. Due to precession, these two regions of the sky are now host to the points of Equinox, the meeting place or crossing over point of the Celestial Equator and the Ecliptic. The Celestial Equator is an imaginary line projected from Earth's Equator onto an imaginary celestial sphere, and the Ecliptic is the apparent path followed by Sun and Moon and planets as they appear to move around the Earth. The Equator and the Ecliptic are not on the same plane, so they intersect at two points, which we refer to as Equinox, or 'equal night' from the Latin.

These crossing points can be likened to openings through which awareness is created and consciousness is sustained. In our day, these Equator/Ecliptic 'openings' are toward the stars of Pisces and Virgo, the regions of the zodiac described by Rudolf Steiner as the axis of Dawn (Pisces) and Dusk (Virgo). In the lectures contained in "The Wrong and Right Uses of Esoteric Knowledge", Rudolf Steiner describes how forces streaming in from the midday/midnight axis of Gemini/Sagittarius (where we find the points of Summer and Winter Solstice) open the possibility for manipulation of human rhythms through machines and machine technology. Our task, he states, is to awaken in our relationship with the spiritual world through the axis of Dawn and Dusk, which is the place and moment of free encounter with the beings of the spiritual world.

Uranus and the Moon in Pisces, opposite the Sun in Virgo, will all stand in an angle of relationship to the dwarf planet Pluto that is referred to as a 't-square'~a 90° angle. Pluto, demoted from full planet status by the International Astronomers Union in 2006, will occupy the region in front of the stars of Sagittarius, the midnight pole. The energy of the planet Pluto is often described as 'transformative', and while Uranus is considered an instigator of change, Pluto completes the process through final transformation.

Uranus and Pluto have been in the tension of this square relationship since June 2012, and will only complete seven exact squares to one another in March 2015. The October 8, 2014 Total Lunar Eclipse can either provoke or steady the mood of this geometric relationship between these two outer planets.

It is interesting to note that the Pluto/Uranus square started immediately following the final transit of Venus across the Sun in our time (early June 2012), and completes before the Total Solar Eclipse at Vernal Equinox (March 2015). The foundational mood of this series of squares is of St John, the witness, who's Feast Day falls on June 24th each year. If Uranus instigates change and Pluto completes it, then we can imagine that across this period of nearly three years, it is



as though a witness has stood over the opportunity for growth and change that the planetary positions indicate. There is also an element of release involved in this aspect between planets, as there can be when Eclipse energies are active. Keeping a journal is essential to understanding how one's biographical events are interwoven with these celestial gestures. What has decreased in order to make way for that which must increase?

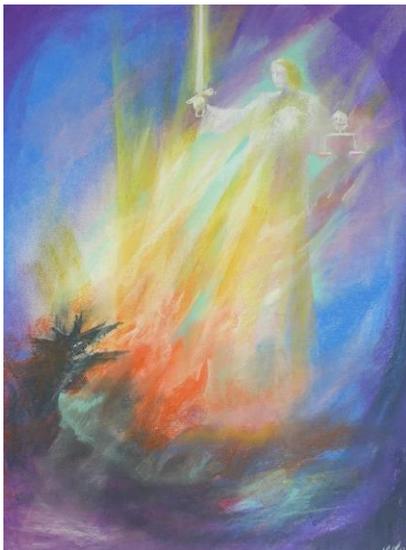
The October 8 Full Moon Total Eclipse occurs with the Moon in front of Pisces stars. The planet Uranus, first planet discovered with the use of a telescope and not visible to the naked eye of the human being, will be but 0.5* from the darkened left limb of the Moon~at the 'dawning' axis point. The Sun will stand opposite, in front of the stars of Virgo/Dusk.

In preparation of the total lunar eclipse that is coming our way on October 8th, please consider reading or reviewing the following references as a way of increasing your understanding and therefore the potential of a fuller experience of this celestial event.

1. From Steiner's Human Questions, Cosmic Answers, specifically regarding eclipses
<http://wn.rsarchive.org/Lectures/HumanCosmic/19220625p01.html>
2. From lectures included in the Temple Legend, regarding the Prometheus Saga
<http://wn.rsarchive.org/Lectures/GA093/English/RSP1985/19041007p02.html>
3. From Search for the New Isis, the Divine Sophia, regarding the slaying of Isis
<http://wn.rsarchive.org/Lectures/GA202/English/MP1983/19201224p02.html>
4. From Wrong and Right Uses of Esoteric Knowledge regarding the axis of dawn/Pisces and dusk/Virgo, midday/Gemini and midnight/Sagittarius
<http://wn.rsarchive.org/Lectures/GA178/English/RSP1966/19171125p02.html>

Heart-Thinking is the essence of Michaelmas

From Hazel Archer-Ginsberg, IL



The Fall Equinox is 9:30 pm CDT Monday 22 Sept. 2014. Followed quickly by the Libra New Moon 1:15 am Tuesday morning the 23rd.

The arrival of autumn always signifies a test. At the fall equinox, when the sun enters the constellation of Libra; the sign of the scales, humans are indeed weighed on that stern measure. Will our inner strength hold up, when the support of nature is withdrawn? Our angel says: 'Have strength little brother, hold on little sister'.

For in the skies we witness the power of Michael behind the streams of shooting stars and the meteor showers, strengthening our blood with cosmic iron, waging war there on anxiety, fear and hate, creating an inner process of combustion that penetrates our earthly thoughts with World Thoughts that our hearts may begin to have thoughts.

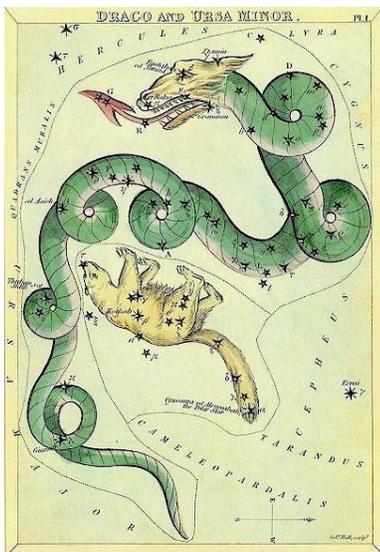
Heart-Thinking, my dear friends, is the modern antidote to the dragon, Heart-Thinking, transforming humanity in the whole of our being, that our will can learn to open the window that lets in the spiritual sun; the source of the resurrection-forces, which enable the human intelligence to unite again with the cosmic intelligence.

Rudolf Steiner tells us that: “Michael awakens a spiritual fire, in such a way, that the human soul is able to experience inspiration, not thru a mystic twilight, but from a thought-illuminated clarity of soul. Thoughts which strive to grasp the spiritual in our time must proceed from hearts that beat for Michael, as the fiery Prince of World Thoughts.”

In these words lives the essence of our modern initiation. If spiritual science is allowed to live in us and extend its transforming influence to our heart-space, what enters us as thoughts, is then changed into the substance of light, into the purest light of thought. And in the living enthusiasm of the heart, this light of thought then rays out from our hearts into the macrocosm, as light of the redeemed intelligence of Michael; as enlivened human thought, which can be re-united with the world-thoughts of the gods.

Heart-Thinking is the essence of Michaelmas, as the festival of Enlightenment; where we can learn to experience an unfolding of our inner initiative and a free, strong, courageous will, opposing our love of ease. It’s easy to want to get cozy on the couch, to snuggle up with the dragon, flipping thru the channels; fighting over the remote... We can win this battle, when we change our thinking, which will in turn change our actions.

Since ancient times, the full name for September 29th is the feast day of St. Michael and All the Heavenly Hosts.



The old legends always preface the story of the battle against the dragon with an enumeration of the nine angelic realms. This view is revealed to our soul, taking us all the way to the Thrones. Michael stands before us as the Prince and herald of ALL the hierarchies, that we may look to the angelic choirs, that we may look to our future selves, that we may think, what it is to be truly human, here and now, and step by step, to courageously build our own strong and steady rung on the ladder of evolution.

It is our job to strive to complete the never ending story, with the new Michaelic mysteries put forth by Rudolf Steiner, a true emissary of Michael, teaching us to count the human being as the 10th hierarchy.

Michael, whose name is a question, for it means ‘Who is like god?’ is, in our time, the countenance of Christ, and is preparing to become the countenance of the human being.

This goal will be attained when the sunlight of divine thought finds direct entry into human souls; when humanity is no longer a shadow darkened by head-thinking alone. We are all participants in this new Michaelic age.

~Hazel Archer-Ginsberg, Festivals Coordinator and Council Member of the Chicago Branch of the Anthroposophical Society and the Central Regional Council.

Cosmic Cycles, Earthly Rhythms

by Mary Stewart Adams for the Central Regional Council “Speaking with the Stars” Project
Notes from our August 26, 2014 Regional Conference Call

I. The Cycle of the Year as a Breathing Process

In his lecture cycle “The Cycle of the Year as a Breathing Process of the Earth” from 1923, Rudolf Steiner likens the course of one Earth year to one full respiration in the human being. By way of much abbreviated explanation, we can follow the course of our own breathing and note that between every full in-breath and every full out-breath, there is a slight pause. Were there no pause, the human being would hyperventilate. This pause in the human breathing is akin to the Solstice moments in the cycle of the Earth year: At Winter Solstice (December 21st), and Summer Solstice (June 21st).

At the Solstice moments, it appears to us on the Earth as though the Sun has reached a point furthest above or below the celestial equator, at which point it appears to pause in its upward or downward trajectory, and return in the opposite direction ~ just as when the human being breathes fully in or out, then pauses before the breath moves in the opposite direction. Solstice literally means the standing still (stice) of the Sun (sol).

Due to the nature of Sun-Earth relationship, the exact moment of the Solstice changes over time, at a rate of about 1 degree of the zodiac every 72 years. If we calculate the circle of the zodiac at 360 degrees, and multiply it by the rate of this motion (72x 360), then we find that the Sun-Earth relationship achieves a unity within the circle of the zodiac every 25,920 years (72x360=25,920). This 25,920 year rhythm is referred to as the “Platonic World Year”, and has a remarkable synchronicity with human breathing. On average, the human being breathes 18 times each minute. At 60 minutes in an hour and 24 hours in a day, then we find that in every 24 hour cycle, the human being breathes 25,920 times (18x60x24=25,920). We find in this harmony of rhythms that the human being is specifically ‘synched’ with the larger, celestial rhythm

Autumn Journal

*Gingerly the moon moves near the hilltop church
and slides around the transept, slow, to peer
inside the cloister. No: those are not friars there,
but children... outside their nests. She rests
against a brim of wind. Their wings are hurt...
But lying in ordered rows of narrow beds
they're all asleep, as if they're tired. Tired
from flying, at least in dreams, and so in dreams
their mothers hold them close against warm skin.
The moon, she listens in. She doesn't want
to wake them, she only wants to see. And then
she leaves, but rises high. She needs to make
the hilltops gleam, and drape a sheen across the sea,
but too she sends a beam back down to where
the children sleep. And up she climbs, up
through the sky, the high good sky, and searches
far and wide to find the stars. Where are the stars?
She scans the sky. Where can they be? She wants
to tell the faultless virgin stars what she has seen.*

Giovanni Pascoli (Italian 1855-1912)
(translated from the Italian by
Taije Silverman and Marina Della Putta Johnston)
Submitted by Alberto Loya, MI

(for more on the Platonic World Year, see the following lecture from 1917 by Rudolf Steiner:
<http://wn.rsarchive.org/Lectures/19170128p01.html>)

II. Conceiving the New Year

So let us consider the Summer Solstice moment in the cycle of the year specifically. At Summer Solstice, it is as though the Earth has completed a full out breath, and in essence is reaching highest upward as possible into its celestial environment. The soul of the human being is as though borne up and out with this Earth exhalation, carrying within itself the fruits of Earth experience that have been gathered since the time of deepest inhalation, at Winter Solstice. In this picture, the human being appears as the mediator between Earth and Cosmos, breathing Earth substance in and bearing it up to the cosmos, and offering it there at Summer Solstice for fructification by the celestial world, and then, further on, bearing this star-imbued 'substance' back to the Earth, where it is offered at Winter Solstice. With the Solstice moments as the pause in human breathing and in the Earth year, they represent a significant moment for interaction with the celestial environment at Summer Solstice, and the Earth environment at Winter Solstice.

Verses for the Zodiac

by Daisy Aldan

Virgo

Restive flocking birds rise in mists:
flames quiver in the trees:

lightening fells the sulphurous dragons of
summer

Virgo spirals inward, and drops her seed.

Libra

In his annual lecture cycle on the Mystery of John, Karl Koëinig described how, at the full out breath at Summer Solstice, a sublime event takes place that can be likened to the conception of a human being, only what is being conceived is not now a soul-spirit being, but the cycle of the new year. It is as though the solstice-pause is an opening, through which the human being offers up the Earth experience of the year for celestial fructification, and then, when the pause fulfills and the in breath begins, this fructified 'substance' is then borne back earthward by the human being, as the new year. So, at Summer Solstice 2014, the human being, breathed out into cosmos with Earth soul, bears out the year 2014, and breathes in the spirit germ of 2015, and is as though 'pregnant' with this spirit germ of the new year.

Taking this pregnancy image further, we see that with a human being, there are nine months of gestation, usually divided into the trimesters of three months each, during which time different developmental processes take place. In our case, we can consider that what we conceive at Summer Solstice 2014 will as though be 'born' nine months later, at Spring Equinox 2015.

Spring Equinox 2015 is the date of the Total Solar Eclipse that occurs in between the two Total Lunar Eclipses of 2014 and the two Total Lunar Eclipses of 2015 (more on this later). So, from Summer Solstice in June until late August when we had our call, we are in the 'first trimester' of this cycle. During the first trimester with a human embryo, a process takes place that is referred to as the "organogenesis"~ the beginning development of the major organs. At the fulfillment of this time the embryonic stage fulfills and the 'physiology' is in place, which includes the heart completing its division into four chambers. The placenta is fully forming, replacing the mother's womb as the most intimate sheath around what has now developed from embryo to fetus.

In the cycle of the year when we are conceiving the spirit germ of the new year rather than that of a soul coming to birth, this stage of the development of the major organs can be likened to the development of an organ of perception ~ a sense within the human being regarding what is coming, or what seeks one, in the coming year. This sense, or this perception, begins to rise up within the human being about nine weeks after the Summer Solstice ‘conception’, and we are as though ‘activated’ toward this perception by the fact that on August 22nd each year, the Sun appears to touch the heart star Regulus in the constellation Leo, which activates the heart forces, just prior to its entering the region of the Divine Feminine ~ the Isis, Mary, Sophia, Virgo, and also, Astraea, Greek Goddess of Justice and Virtue.

Astraea was active particularly during what the Greeks referred to as the Golden Age, but when evil and violence plagued the world in the Iron Age, she fled to the heavens and became a constellation. She was regarded as the last remaining divine being to walk among humans on the Earth, and had stayed during the four great ages (Golden, Bronze, Silver and Iron). Her return was prophesied and longed-for, but until such time, she could be seen as the constellation of the maiden, Virgo, reclining as though asleep along the ecliptic (the path that the Sun, Moon and planets seem to follow around the Earth).

III. Awakening the Divine Feminine as a Process of Speaking with the Stars



How do we awaken this divine feminine from her place among the stars? In her Isis aspect, Rudolf Steiner likens her to the consort and queen of Osiris, who was responsible for remembering his dismembered body and restoring it to a common grave. In the 1920 lecture cycle “Search for the New Isis, the Divine Sophia”, Rudolf Steiner further develops the Isis-Osiris myth by describing how, like Osiris, Isis herself is slain, only rather than being cast out across the earth, her body is as though flung into the cosmos and there lies asleep as though in its grave, until such time as we can awaken again our relationship and speaking with the stars. And while Osiris is slain by his brother Seth, God of Storms, Isis is slain by the Copernican thought, which tears the Earth away from the center of attention of a living cosmos, and replaces it with the Sun as the physical center of our system. Further, Isis remains in her grave so long as we only regard our celestial environment according to the laws of celestial mechanics, which have as their foundation the heliocentrism of Copernicus from the 15-16th century.

We find an image of the awakened Divine Feminine in the Book of Revelations, ch. 12, where the apocalypse writer describes the vision of a woman, clothed with the Sun, the Moon beneath her feet, and a crown of stars on her head (Book of Revelations, ch. 12, verse 1). This image is particularly striking at present, because the Moon was just at New Phase on August 25, 2014, and within two days will be waxing through the region of the foot of the constellation Virgo. When we look into this region of the sky, which is close on the Sun as it sets in the west, we can bring a living imagination into play. When the Moon moves through the foot region of Virgo, we can, in our mind’s eye, stand her up, the whole constellation, at which point the starry crown, Corona Borealis, will appear on her head. The Sun has just activated the heart forces, stirring the divine feminine to stand, with the Moon beneath her feet, and the starry crown appears on her head.

In her aspect as Astraea, Goddess of Justice and Virtue, she bears the Libra Scales in her hand. At present the planets Mars and Saturn are there, as though ‘hanging in the balance’ ~ Mars with its relation to the metal iron, and Saturn in relationship to time and structure. So this is a current cosmic picture, and it is occurring

this year during the period of time when we first begin to experience the coming year through a newly developing organ of perception, which was conceived at Summer Solstice during the out breath.

We have also just passed the Feast of the Assumption of the Virgin in to the Heavens, August 15, which enhances the picture of the role of the divine feminine in this season. As Mary, she bears toward us the gesture of taking up our Earthly tasks, especially since it may be difficult or undesirable to awaken from the Summer dream.

While we have been as though asleep on the out breath, with the Sun arcing through the high constellations of Summer, the constellation of the Hydra, the many-headed serpent, has been snaking around the horizon, coiling itself around all that we left behind. With our emerging organ of perception we can begin to sense and feel the weight of challenge brought by this serpent, and in this sense, we must seek the might of the dragon-slayer Michael, in order that we not lose the perception of what seeks us from the future. It is as this time that we also begin to first perceive what we have been about in the cycle of time prior to this season. It is as though we wake up to ourselves, and this is reflected in verse 20 from the *Calendar of the Soul*:

“I feel at last my life’s reality,
Which, severed from the world’s existence,
Would in itself obliterate itself,
And building only on its own foundation,
Would in itself bring death upon itself.”



The Hydra as it appears in this season, late August 2014. The Sun appears to chase Venus and Jupiter over the horizon and into its jaws. These two planets appear in the morning sky ahead of the Sun, at this time.

IV. The Stars Spoke Once to Man

The guiding verse for our work together can be understood as a reference to the three stages of development in our relationship to the stars. This 'astro-history' begins when the "stars spoke once to man", which is a reference to the ancient star wisdom of the Egyptians/Chaldeans/Babylonians, and can rightly be referred to as the astro-logos, or star-word, that was understood during that time (referred to in the anthroposophical world view as the 3rd post-Atlantean epoch). This comes down to us through history in distorted form as 'astrology.' During this epoch it was understood that each human being comes from a star, and that the spirit germ descending to ward incarnation from that star gathered the formative forces for the human body from the fixed stars; the rhythmic forces for the inner organism from the wandering stars, our planets.

The "world destiny" moment that is referenced next in the line points our attention to the historical period known as the "Copernican Revolution" when the heliocentric idea of Polish Astronomer Nicolaus Copernicus (1473-1543) moved the Earth from the center of our universe and replaced it with the Sun. As this idea took hold, we find the astronomia developing, the body of knowledge about the physical construction of our planetary system (ie how far away is the Sun; what is the chemical composition of the atmosphere of Jupiter; what is the core of the neighboring stars...). In speaking about this period of time, which Rudolf Steiner described it as the 'slaying of Isis'?

When we only regard our star environment as a mighty machine governed by what is referred to as 'celestial mechanics' then Isis stays asleep in her grave. The speaking of the stars grows silent in this approach to the cosmos. Within this silence, there does yet stir in the human being a capacity for sensing a connection with the stars, despite the deepening silence of contemporary astronomical approaches. To be attentive to this sense is to begin to awaken the wisdom, or Isis of the stars, which we can refer to as the astro-sophia, and so a renewed relationship/understanding/conversation can begin. This awareness that we are speaking with the stars strengthens our relationship to the celestial forces, especially as they are woven into the spirit germ of the individual as it descends toward Earthly incarnation. This has consequence for all future incarnations. Knowing the starry world strengthens our bodies, and further, it awakens capacities that will only be available to us when we have achieved the stage of conscious development referred to esoterically as Spirit Man.

*When I heard the learn'd astronomer,
When the proofs, the figures, were ranged in columns before me,
When I was shown the charts and diagrams, to add, divide, and measure them,
When I sitting heard the astronomer where he lectured with much applause in the lecture-room,
How soon unaccountable I became tired and sick,
Till rising and gliding out I wander'd off by myself,
In the mystical moist night-air, and from time to time,
Look'd up in perfect silence at the stars.*

~ Walt Whitman

Thanks Dennis Dietzel for submitting this poem

Further, that which begins to stir in the human being as a capacity for sensing a connection with the stars is an actual organ of perception. When applied to the cycle of the year, it reveals how we are intimately woven into the cycle through our rhythmic system, and how we can bring a living imagination to the star pictures so as to awaken a latent capacity for knowing that it is we who mediate between heaven and earth, we who bear the Earth substance to the cosmos, the cosmic substance to the Earth, and we who can perceive what has been and what can be.

Stars spoke once ~ astrology ~ Egypto-Chaldean Babylonian epoch

World Destiny ~ astronomy Copernican revolution

What man speaks to the stars ~ astrosophia ~ beginning 20th century through the work of Rudolf Steiner.

Now, we can apply the threefold nature of this verse further: If we imagine that the full out breath moment of the year occurs at Summer Solstice, and that this is the time during which we 'conceive' the new year, then it follows that the 'birth' will occur nine months later, at Spring Equinox. Typically, the human gestation is divided into three trimesters of roughly 13 weeks each. During the first trimester, the 'embryonic stage' completes and we move to what's called the 'fetal stage'. This is the time during which the major organs develop and the heart completes its division into four recognizable chambers.

*If I'm to be a valiant knight
Then there's a battle I must fight
And I must choose right from the start
Not strength of arm
But strength of heart
My sword shall of good steel be made
And love the keenness of the blade*

Further, during this period, we could imagine that the star forces are still working quite directly into the spirit germ, though it has descended from the starry world into the womb of the mother. This continues until the placenta is fully formed, during the second trimester. We will refer to this first trimester as the 'stars speaking' stage.

In the second trimester, from fall equinox to winter solstice, the Earth, when viewed as though from the Sun, moves through the region of the springtime constellations. This is as though an 'open space' in the cycle, since every 9 month gestation lacks three months for a complete cycle of twelve. The three months indicate three zodiacal regions where the Sun doesn't move. In other words, if you are conceived at Summer Solstice and born at Spring Equinox, then the Sun will not move through the Spring constellations during your gestation. However, in the second trimester, the Earth moves through that region of the sky, as though gathering into the fetus the force s left by the Sun. This is the period when the stars grow silent; the individual destiny begins to work into form. During this time it is as though the Sun holds our relationship to the stars for us.

Then comes the third trimester, where the fetus that has woven its individual destiny into the universal physical form, begins to take on the rhythm of the coming life. In our consideration, this stage encompasses the time from Winter Solstice to Spring Equinox, when we begin to know our speaking with the stars.

Stars Spoke Once ~ astrology ~ 1st trimester; major organs develop
World Destiny ~ astronomy ~ 2nd trimester; transition from embryonic to fetal stage
What man speaks ~ astrosophia ~ 3rd trimester; individual destiny works into form; we begin to speak to the stars

<http://www.anthroposophy.org/groups/central-region.html>

[Leading Thought found on our Facebook page:](#)

Rudolf Steiner, Dornach, January 21, 1923, a lecture titled FALL and REDEMPTION:

"Today the time has come when Christ must be understood. ... Christ, as a heavenly being, descended to earth; he therefore did not speak to man in an earthly language, but in a heavenly one. We must therefore make an effort to understand him. We must make an effort to speak a cosmic, extraterrestrial language. That means that we must not limit our knowledge merely to the earth, for, the earth was in fact a new land for Christ. We must extend our knowledge out into the cosmos. We must learn to understand the elements. We must learn to understand the movements of the planets. We must learn to understand the star constellations, and their influence on what happens on earth. Then we draw near to the language that Christ spoke."

**As the Michaelmas Equinox
Pulls the Afternoon Sun into a Blinding
Shaft
– The Drawn Sword of Michael
Pierces Thru
On the Oblique Angle of the Sun
Casting a long Shadow
That Stretches to the Western Horizon
Yet Met
In Silent Admonition
Thru Strident Free Discernment
Revealing the Revelation
In the Spirit-Light of Thought**

~ Hazel Archer-Ginsberg, IL

WHAT'S HAPPENING IN OUR REGION?

Cosmic Michaelmas

Sunday, 5 October 2014 - 2pm – 4pm

Rudolf Steiner Branch of The Anthroposophical Society, 4249 North Lincoln Avenue. Chicago, IL 60618

Events and Activities to include:

- ⊕ Eurythmy with Susanne Zipperlen - Forging The Sword
- ⊕ “To Battle & Victory”, Striking the Iron
- ⊕ Michael Meditation
- ⊕ A Tale of the Constellation Draco told by Nancy Melvin
- ⊕ ‘Tone of the Day’ ~ Cosmic Michaelmas – Hazel Archer-Ginsberg
- ⊕ Exploring current cosmic gestures in the light of Anthroposophy, including:
 - The Total Eclipse of the Full “Blood or Hunters” Moon, 8 Oct. 2014,
 - Directly coinciding with the Draconids meteor shower, emanating from the head of the Dragon,
 - Awakening us to the Heart-Thinking of Michael, Guardian of Cosmic Intelligence.

- ⊕ Eclipse Shadow Play - lead by Mary Tom, Music by Debra Barford
- ⊕ Contemplation: What is my Task? The deed I am called to perform?
- ⊕ In this life, In this year, For this Season... ?
- ⊕ ‘The Woman and the Dragon’ from Revelation told by Karen Hartz
- ⊕ Verse for the Michaelic Age
- ⊕ Cello Music by Martine Benmann

And more: For more info. Contact hazel@shedrums.com

This branch event is part of the Central Regional Councils: ‘Speaking with the Stars’ project,

Weekend Intensive Workshop in Hartland, WI

The Zodiac: Meditative and Therapeutic Aspects

Thursday, November 6th - Sunday, November 9th, 2014

The **Lili Kolisko Institute** is the new name for the **True Botanica Foundation**.

The Lili Kolisko Institute for Anthroposophic Medicine™ is a tax exempt, non-profit, charitable 501(c) 3 organization dedicated to promoting an anthroposophically oriented healthcare and life style, through: Research, Educational activities, and Social community involvements. The institute’s autumn workshop will be very special this year: More learning and discovering, more practice, more applying.

A lot less is known about Rudolf Steiner's insights on the constellations of the zodiac than is known about his insights on the planets. Not surprisingly then, practical work with the constellations of the zodiac is not given its full due. And yet the consciousness of the zodiac is crucial for both a general living of anthroposophy as well as for a practice of anthroposophic hygiene and therapy.

Fortunately many of our anthroposophic friends have expressed their desire to go more deeply into this topic. To answer this call we are offering this very intensive workshop to study

- ★ the constellations of the zodiac and their influence on:
- ★ the 12 Zones of the human anatomy;
- ★ the Eurythmy movements (emphasis on Rudolf Steiner's "12 Moods");
- ★ Substances like the gemstones, calcium and silica;
- ★ the 12 Senses;
- ★ Clinical applications and more.

Also as an ongoing group work we will study Rudolf Steiner's lecture of July 2nd, 1922.

For information please contact: **262-912-0970 or info@koliskoinstitute.org**



If you have any suggestions or contributions for upcoming issues, please send them to Marianne Fieber at marianne.fieber@yahoo.com. In the subject line, indicate that they are for the e-correspondence. We hope this format will help us reach members in a timely way with information that is of interest.

Some simple guidelines for submissions:

- ★ Deadline: 3rd Saturday of the month
- ★ Electronic submissions only to marianne.fieber@yahoo.com
- ★ Poetry or thoughts coming out of your work with anthroposophical ideas
- ★ Activities taking place within the Central Region
- ★ Reports and photos from anthroposophical events offered by Groups, Branches or Initiatives
- ★ Activities which are led and/or developed by members living within the Central Region

Note: We reserve the right to edit contributions as needed.

The Central Regional Council is:

Dennis Dietzel, Roseville, MN
Marianne Fieber, Viroqua, WI
Mary Louise Hershberger, Fargo, ND
Alberto Loya, Ann Arbor, MI
Hazel Archer-Ginsberg, Chicago, IL