

E-Correspondence

from the Central Regional Council
of the Anthroposophical Society in America

October, 2013



Communication Support:

If you are receiving this email as a leader in your area, **please forward it on** to all the members in your group, branch or initiative. We want to ensure that all our members in the region remain connected. If you prefer that another member of your group be responsible for receiving and passing this on, please let us know.

We need your help and thank you.



*Our time
In time
Is the time*

*Tear meets ground
and ground meets tear*

*What we know
Is what is near*

*But what has become so clear
Is we cannot be governed by our fear*

We are the Michaelic knights of our time.

We freely work to bring sun being Michael, as regnant, into the sun of our bodies, our heart.

Michael the forerunner of Christ's will and strength, living in our hearts.

Christ's radiant love permeating Michael, filling our hearts with Christ's divine love and light.

Our hearts overflowing with his grace and truth into the cosmos of our being.

Michael's radiantly sunlit golden raiment shines outward, sparkling silver within folds of light.

Shining rays of golden light in all directions.

Dispelling the shadows of illusion, revealing beneath him the sulfurous dragon in its true form.

Michael conquering the dragon of selfish desire, pinning the dragon firmly under his feet.

*His right arm held aloft pointing his sparking, life giving sword of glowing meteoric iron
upward.*

Toward our higher nature, toward cosmic intelligence, towards the divine will of Christ.

*Michael illuminating mankind with the courage to seek
the living vision of the spiritual cosmic forces permeating the physical earthly realm.*

David Howerton, member of the Anthroposophic Circle of St. Louis

Excerpt from a contribution from Roberta Nelson PhD. and Cottonwood Farm,

Question: Why Celebrate the Seasonal Festivals at a Biodynamic Farm?

Dear Friends, ... I wish to draw attention to the importance of attending festival celebrations at **Cottonwood Farm**. Doing so aids our soul development and the continuation of a biodynamic initiative in our valley.

Karl Konig the founding father of **Camphill** therapeutic communities was conscious of the tie between festival celebrations, biodynamic agriculture practices, and the human being. I am wondering if we too are awake to the multi-dimensional value of applying biodynamic preparation to the trunk of a newly planted fruit tree. This asks for a question: What is occurring for us and for the elemental kingdom when we help turn manure over and over again in the process of making Barrel Compost -an activity that occurred during our St. Johns festival? Do we recognize the connection between our soul development, the Cosmic Christ, and our



participation in the yearly festival calendar at a biodynamic farm? For example, do we know that the biodynamic preparations have the potential of liberating elemental beings from ill-willed Forces in our world, which in turn, influence our wellbeing? In the season of **Michaelmas** it is appropriate to ask ourselves if we comprehend what is associated with festival gatherings located on biodynamic farms. Whether we observe or carry out actions, such as stirring a biodynamic preparation, our souls are influenced by intentional activities designed to realign nature and the human being with the Cosmic Christ.

The mission of **Cottonwood Farm** has been humbly stated as the **wish to heal the earth and human beings**, and in so doing, move both towards the reconnection with the Cosmic Christ in the etheric realm. On the eve of **Michaelmas**, I am drawn towards expressing an explanation, appreciation, and hope for the continuation of your support in the realization of **LOVE** in our corner of the world.

With Warm Regard, Roberta Nelson, PhD.

[For the full article click here](#)

http://www.anthroposophy.org/fileadmin/regions/central/Revised-Michaelmas__Biodynamics.pdf

Excerpt from a contribution from Hazel Archer Ginsberg, Rudolf Steiner Branch, Chicago.

Iron Sharpens Iron (Proverbs 27:17)

Still aglow from working the Biodynamic preps at Zinniker Farm, on September 28th 2013. On Sunday, the next day 30+ members & friends of the Rudolf Steiner Branch in Chicago gathered for our Michaelmas Festival, "Iron Sharpens Iron". We began the afternoon with a Radiant Bass solo 'Poucha Dass' composed by François Rabbath that opened us to the music of the spheres, rendered so beautifully by Jacque Harper. Then Clark Remington, our 1st Class Reader recited Rudolf Steiner's Michael Meditation, to continue to set the tone for our 'Reverse Ritual', this idea of 'Openness to Above,' where we rise in our thinking to the spiritual world.



I gave the 'Tone of the Day', 'The Fiery Thought King of the Universe; St. Michael Beckoning', the essence of which speaks of Michaelmas as the festival of Enlightenment, in terms of Heart-Thinking, the modern antidote to the dragon.

Mark Pelnar shared his spiritual research in an art presentation- The Transformation of Michael in Art through the Ages.

Michael's gesture is no longer only that of battle. He raises his hand beckoning. Our work today is to begin to feel this transformation reflected in Michael's gesture. As Guardian of Cosmic Intelligence, Michael counts on us to become free human beings, that we may return the gesture in kind.

~Hazel Archer Ginsberg
Festivals Coordinator & council member of the Rudolf Steiner Branch of Chicago

[For the full article click here](#)

What's going on in our Region?



SAVE THE DATES for the
Anthroposophical Society in America
Annual Conference
October 11-13, 2013 – Monadnock
Waldorf School, Keene, NH

"In anthroposophy, it is a question of the truths that can be brought to light by it. In the anthroposophical society, it is a question of the life in it."

– Rudolf Steiner

<http://www.anthroposophy.org/conference-2013.html>

An All Souls Day event 'Life Between Death & Rebirth' A Journey through the Planetary Spheres Sunday November 3rd, 2013, 2pm-4pm

The Rudolf Steiner Branch of the Anthroposophical Society, 4249 North Lincoln Avenue Chicago, IL 60618
Please contact Larry Olson (312) 218-1492 moniker_9@yahoo.com to add your dearly departed to the list of those to be remembered. For more information: hazel@shedrums.com

Cosmic Cycles, Earthly Rhythms ~ Our Speaking to the Stars **November 15-16, 2013**

a stellar weekend event in preparation for the Holy Nights in Viroqua, WI –
with **Mary Stewart Adams** and **Eurythmy** with **Lynn Stull**
sponsored by The Turning Place – Viroqua’s Anthroposophical Group



Friday evening lecture ~ ***What Man Speaks to the Stars?*** 7:00 pm

Saturday Holy Night Journal-making workshop ~ 8:30 am to 5:00 pm

Saturday evening **The Art of Social Astronomy Festival** ~ 7:00– 8:30 pm

Weekend fee ~ \$60-- Friday and Saturday evenings only ~ \$20

Workshop space will be limited – For a complete brochure, contact Marianne Fieber – marianne.fieber@yahoo.com

Region-wide Conference Calls:

In an effort to engage members from around the region in conversation about our work and initiatives, we scheduled two calls; one in August and one in October. The first call was **August 26th** and we invited leaders or members in Central Region Groups, Branches or Initiatives to join us for a conversation around the *e-correspondence*. Mary Louise was our hostess and we had folks from Minnesota to New Orleans join in dialogue over the miles and the following are a condensed version of what was shared. If you have any additional comments, please let us know. We are interested in your input and are currently looking at a number of our activities as we head into a new year of work together.

Distribution:

- ⌘ Member would like all members to receive it – the distribution list is confusing.
- ⌘ Member automatically forwards it on to her entire email list when it is received from Alberto.
- ⌘ There are many “friends” who are not members so we don’t want to rely solely on the Anthroposophical Society’s list.
- ⌘ Best practice for recipients on both the Society list and local lists to receive each issue

ACTION: CRC will explore possible email services which allow people to subscribe and unsubscribe as they wish.

Content:

- ⌘ Member stated that there is always the best intention to contribute / share something but doesn’t manage to do it. Many agreed to the challenge.

Summer Day 2003

The eagle flying
Dives for fish while swimming I
Peer at sunken ships.

Over the water
Waning sun spreads golden
Daylight turns to night.

Red light beams from Mars
Aurora Borealis
Glows with moon and stars.

Darkness runs its course
Time has drifted by like clouds
Dawning to bird song.

Sheila Devlin

- ⌘ Appreciates/enjoys receiving info from different branches, how others study and work with content is interesting
- ⌘ Some articles are from past events and some from events coming up. Beautiful. The more things that are in it the more people will be interested in it.
- ⌘ If articles are too long – may skip.
- ⌘ Anything lengthy; could be an attachment so it can be printed out or there might be links to actual documents that are on the website.
- ⌘ Table of contents in the email would be great – the bookmark function.
- ⌘ Having the same format for familiarity is beneficial.

ACTION: CRC will look into the bookmark function

Are Conversations stimulated by what is in an issue?

- ⌘ We do talk about it sometimes.

Any other content wishes?

- ⌘ With more member contributions, we would increase the possible idea sharing from what others are doing.
- ⌘ It is nice to share practices for group meetings
- ⌘ Gratitude for this monthly publication was expressed.

YOU'RE INVITED! To join the members of your CRC on the next phone call in October.

October 28th 7:15 – 8:15 pm CST

TOPIC: Follow-up from our Presencing AGM with a Peek into the Future. We have been working with a number of the images coming out of our work together last May and we want to bring more voices into the conversation.

We will be using the Anthroposophical Society in America's go-to-meeting system. We will send out invites with call in information in advance of the call. Please respond if you plan to join us.

We will post the agenda and any questions/thoughts to ponder on our Central Region webpage prior to our conversation.

We look forward to speaking with you.



If you have any suggestions or contributions for upcoming issues, please send them to Marianne Fieber at marianne.fieber@yahoo.com. In the subject line, indicate that they are for the e-correspondence. We hope this format will help us reach members in a timely way with information that is of interest.

Some simple guidelines for submissions:

- * Deadline: 3rd Saturday of the month
- * Electronic submissions only to marianne.fieber@yahoo.com
- * Poetry or thoughts coming out of your work with anthroposophical ideas
- * Activities taking place within the Central Region
- * Reports and photos from anthroposophical events offered by Groups, Branches or Initiatives
- * Activities which are led and/or developed by members living within the Central Region

Note: We reserve the right to edit contributions as needed.

The Central Regional Council is:

Dennis Dietzel, Roseville, MN
Marianne Fieber, Viroqua, WI
Mary Louise Hershberger, Fargo, ND
Alberto Loya, Ann Arbor, MI