

## **Recommended resources to support your Holy Nights work:**

Living a Spiritual Year by Adrian Anderson

<http://www.rudolfsteinerstudies.com/books.html>

The Cycle of the Year as a Path of Initiation Leading to an Experience of the Christ  
by Sergei Prokofieff

<https://steiner.presswarehouse.com/Books/BookDetail.aspx?productID=405681>

William Bento's 2014-15 Holy nights Journal can be ordered here:

Call: [\(916\) 903-6110](tel:9169036110), email [Hartspen@Earthlink.net](mailto:Hartspen@Earthlink.net),

or write to: M. Hart, 11230 Gold Express Dr. Suite 310 - #372, Gold River, CA  
95670

*Note on the journal: "The Way to the Self" is our Theme for this Holy Nights. In this Year's Journal, Dr. Bento describes three levels wherein we find our Self – the Personal, the Transpersonal and the Universal. It is particularly during the Holy Nights that our Universal Self can be more accessible to us. However, so much also depends on what we have done in our inner work throughout the year in order to truly know our personal self, and to strive to align our activities with the Transpersonal Self.*

The Festivals and Their Meaning by Rudolf Steiner

Facsimile Calendar of the Soul for the year 1912-13 (includes New images of Zodiac as they first appeared) available through [steinerbooks.com](http://steinerbooks.com)

New Images poster created by Patricia DeLisa, available at [www.fairytalemoons.com](http://www.fairytalemoons.com)  
*proceeds go to Anthroposophical Society in America*

The Northern Astro Calendar 2015 *for sky viewing, planting, and storytelling tips throughout the year*, available at [www.fairytalemoons.com](http://www.fairytalemoons.com)

## **For Lent and Holy Week support:**

Guidance in Esoteric Training by Rudolf Steiner *for 8-fold path teaching, and a wealth of guidance for meditative practice*

Harmony of the Gospels available by emailing [mary@fairytalemoons.com](mailto:mary@fairytalemoons.com)

Planetary Seals, pdf on how-to draw the seals available by emailing  
[mary@fairytalemoons.com](mailto:mary@fairytalemoons.com)

The Three Years by Emil Bock available through Floris Books