Eastern Regional Holding Group Agenda 05/19/2022 7:30 PM Est 6:30 Cst

*Verse - Verse for America
May our feeling penetrate
Into the center of our heart,
And seek, in love, to unite itself
With the human beings seeking the same goal,
With the spirit beings who, bearing grace,
Strengthening us from realms of light
And illuminating our love,
Are gazing down upon
Our earnest, heart-felt striving.
Translation by Frederick Heckel

*Check in No notes taken

*Study The Life, Nature and Cultivation of Anthroposophy XVII July 13 1924

- Only one letter left how would we like to continue our study? Bring your suggestions
- Postponed from last month

*Agenda

1. Review Sophia conference-Angela Review of the AGM meeting for 2022

- FSM theme
- Eurythmy Spring Valley, Speech chorus
- Time to tighten up the group
- Events leading up and following up need direction

Prerequisite for application and disbursement of funds

- Angela will check with WRC and CRC to see if they have guidelines for disbursing funds to members/groups- who is eligible – cap on funds –
- return report or presentation to newsletter
- 2. Regional council Whitsun festival -settled on **Sunday 29 May 2022** as our date, **3 pm CDT 4:30 pm CDT**

Reading The Fifth Gospel, Lecture 2, ~Rudolf Steiner Oslo, 2 October 1913

Hazel"I thought perhaps the Eastern Region might open us with a verse. We could all participate in an artistic offering in the middle, & the Western Region could close with a verse."

Set up meeting Thursday 5/19 Hazels questions

- ❖ Who will do the Welcome?
- ❖ Who from the Eastern Region wants to bring the Whitsun verse to open?
- ❖ Shall we have a break-out session, or large group discussion after the study around what was shared? Who will facilitate this?
- ❖ Does someone feel called to lead a short artistic exercise (Eurythmy, art)?
- Who from the Western Region wants to bring the Whitsun verse to close? Same verse we opened with...?
- ❖ Any other details?
- Please share the flyer

The Central Region would be happy to host the Zoom. We could make up a flyer to send around

I had a conversation with Hazel and expressed this is good to opener our communication with the other regions and would like to see more time devoted to business of the regional councils on the next get together.

I also mentioned our meeting agendas were already pretty full. And expressed we try to keep things easy.

rest of agenda pushed to next meeting

- 3. Video Newsletter -Next Newsletter Nov 10th
 - Let's find a way to get feedback from presenters and attendees
 - Leave more time at the end for feedback
 - ask for suggestions to connect with the branches
 - Dave Treasurer's Report
 - · Barbara Bittles report on Sacred Undertaking
 - Possible Branches to ask South Carolina- Maryville
- 4. The search for the next **General** Secretary of the Anthroposophical Society in America
- 5..Regional- New Events for the padlet and website
 - Mid Atlantic
 - Northeast
 - Southeast -

What's happening to soul forces after 1-2 years of intensive zoom meeting.

Mission of the Eastern Region Holding Group

The Eastern Region Holding Group consists of individuals from the three areas (Northeast, Mid-Atlantic and

Southeast areas) who see it as their mission:

- 1. To support, further and share the meaningful work of Rudolf Steiner and the whole of Anthroposophy in the
- eastern region through exchange of ideas, research and art generated within local groups and members.
- 2. To provide opportunities for human beings longing for the spirit to meet each other soul to soul, through
- conversation platforms.
- 3. To promote larger exchange of information and collaboration between branches and groups and radiate out
- the healing effects of Anthroposophical spiritual endeavors in the Eastern Region.
- 4. To create a bridge between the national organization and the groups, branches and members of the Eastern Region.