

NEWSLETTER RESOURCES

Beyond everything you can find at anthroposophy.org, this page offers resources such as short articles, blogs, initiatives and possibly other sources for materials to be presented in anthroposophical newsletters or local internet platforms. What I list is just a beginning. I put it out in the hope of eliciting other contributions.

ARTICLES

Acknowledge Polarities but Avoid Polarisation: Young and Old Souls

by Albrecht Hemming

Nowadays it is not easy to maintain relationships in community. The splitting forces are paramount in our time as people become more and more self conscious and less aware of the other.

It is obvious that people differ from each other because of their bodily constitution, gender, temperament, nationality, attitudes, world views, as well as their unique biography. There is also a significant and largely hidden factor which becomes visible through our karmic instincts of which we are mostly unaware. [Read more](#)

Sacramental Conversation: The Practice of Mutuality (Christopher Schaefer)

We now live in interior space, inside ourselves, inside our homes, socially distanced, uncertain and sometimes afraid. We are cut off from our loved ones, our community and rely on phone, zoom and internet to remain connected to the social communities which give our life meaning and joy. For many people jobs, income and prospects are gone or severely diminished, and the poor, the homeless and displaced face widespread hunger and neglect. For years I had thought that we were experiencing a "Long Emergency", a time of growing crisis starting with the tragedy of 9/11; but Covid-19 is surely the most pervasive shock to what was already a crumbling and increasingly dis-functional American social order. [Read more](#)

Articles from Starlight Journal (Sophia Foundation) including Starlight issues:

<https://sophiafoundation.org/portfolio/starlight-journal/>

(From the website) Toward a world imbued with love and freedom —
We are forging a new path to Christ, the essence of Divine Love, and Sophia,
the wellspring of Divine Wisdom, to serve individual growth on four levels.

- Self ~ engaging in a continual process of inner development to actualize our transcendent nature and redeem our shadow.
- Humanity ~ including interpersonal relationships, community relations, and relationships with other cultures.
- Nature ~ reclaiming our responsibility to Mother Earth and awakening to the starry heavens.
- Spirit ~ opening an experience of the trans-subjective spiritual world, to cultivate co-creative, intuitive capacities in service of God.

Articles from Bill Trusiewicz

<https://independent.academia.edu/BillTrusiewicz>

Et ignotas animum dimittit in artes naturamque nouat.

Bill has taken this Latin phrase from Ovid's *Metamorphoses* as his motto to identify his *modus operandi*. He translates it: "And his mind he addresses to unknown arts advancing the laws of nature." It was written of Daedalus the legendary inventor of a labyrinth for the Cretan King Minos. As Daedalus held the keys to the Labyrinthine path leading to the Minotaur, Bill seeks to help others, like Theseus, in their journey to conquer their own Minotaurs. And as Daedalus created wings for himself and his son Icarus, to fly from his imprisonment in Minoan Crete back to his homeland, so Bill endeavors, through art, to create wings (for himself and others) --"to fly from lesser horizons."

Although Bill is an inveterate student with wide interests, experience and observation of LIFE have been his primary teachers. On this basis he writes articles on spiritual topics, with an emphasis on experience and practice, often related to language, Anthroposophy, Hermeticism, Rosicrucianism, esoteric Christianity, Sophiology, the Divine Feminine and Gnosticism. His goal is to create a body of writing that is initiatory--that allows readers to grow beyond themselves.

Articles and essays from The Berkshire-Taconic Branch of the Anthroposophical Society in America

<https://www.berkshiretaconicbranch.org/articles.php>

Among the authors: Bill Trusiewicz, Torin Finser, Walter Alexander, Wolfgang Tomaschitz and Jaap Sijmons.

Articles by Terry Boardman (frequent contributor to New View)

http://threeman.org/?page_id=1257

Articles by Travis Henry

<https://sites.google.com/site/threefoldnow/>

BLOGS

Reverse Ritual by [Hazel Archer-Ginsberg](#): understanding Anthroposophy through the Rhythms of the Year. Some entries below:

- **What is an Anthroposophical Festival?**

"To celebrate a festival really means to unite oneself in spirit with the cosmic spirit". ~Rudolf Steiner

Our festival life is structured to include activities that stimulate head, hands and heart. We engage our thinking through studying Spiritual Science, learning, as Goethe did, what lives behind the laws of nature, engaging in creative thinking outside the box, like Einstein demonstrated, opening to insight and intuition to better solve the problems of the world. Movement and artistic endeavors motivate our will forces, creating balance and beauty, channeling creativity in a purposeful way that deepens our thoughts through action. Activities like storytelling, biography sharing, and singing consciously involve our feeling life, reducing stress, stimulating our imagination, creating connections and goodwill. To read more [click here](#).

- **St. John's Tide**

In the new mysteries we strive at St. John's Tide toward an enhanced awareness of our will forces – Rudolf Steiner talks about how we are dreamy in our feeling & asleep in our willing, so we really have to make an effort to follow John the Baptist & *'make straight the path'*, an effort to enable the higher ego to come to expression ever more fully. To read more [click here](#)

- **Michaelmas**

The old legends always preface the story of the battle against the dragon with an enumeration of the 9 angelic realms. This view, is revealed to our soul, taking us all the way to the Seraphim. Michael stands before us as the Prince & herald of all the hierarchies, that we may look to the angelic choirs, that we may look to our future selves, that we may think, what it is to be truly human, here & now, & step by step, to courageously build our own strong & steady rung on the ladder of evolution. It is our job to strive to complete the never ending story, with the new Michaelic

mysteries put forth by Rudolf Steiner, a true emissary of Michael, teaching us to count the human being as the 10th hierarchy. To read more [click here](#)

The Storyteller's Night Sky

[Mary Stewart Adams](#)

<https://storytellersnightsky.com/>

The Storyteller's Night Sky is the work of Star Lore Historian Mary Stewart Adams, host of the weekly public radio segment of the same name, and who, as a global advocate for starry skies, led the team that established the 9th International Dark Sky Park in the world in 2011 at the Headlands, in her home state of Michigan.

Mary has received numerous honors for her work advocating for dark skies, combining her extensive knowledge of ancient mythologies with the research and ideas of contemporary astronomy, as a contribution to the new star wisdom of astrosophy. She travels far and wide teaching her humanities-based approach to understanding the celestial world around us, and the cultural influence of star knowledge through the ages.

Astrosophy.com

<https://www.astrosophy.com/>

Astrosophy, (Star=Astro Wisdom=Sophia) is a new star wisdom which seeks to unite the consciousness of the human being to the greater consciousness of the starry cosmos. It seeks a spiritual scientific understanding of our new and enhanced relationship to the world of the stars. Rudolf Steiner spoke of the visible stars as the physical manifestation of a complex and exalted world of spiritual beings who, in the past, helped to shape and guide humanity in its evolution. In ancient times, we were far more conscious of these spiritual beings and their guidance as can be seen in the pantheon of gods described in many ancient religions. As part of the greater divine plan for humanity, this awareness of the guiding beings was gradually lost as we became more conscious of the material world of the senses and less aware of the world of spiritual beings. As Steiner describes in a verse on star wisdom, "it is world destiny that they (the stars) are silent now". However he goes on in the verse to say, "there grows and ripens what humanity speaks to the stars". This is the essence of astrosophy. How do we learn to speak to the stars?

Astrosophy, was pioneered by Willi Sucher (1902-1985). His groundbreaking work developed new perspectives out of the insights of Rudolf Steiner, including building the understanding of the deeds of Christ in relation to the movements of the stars, which can serve as a foundation for the greater work of creating a new Astrosophy.

astrosophy.com also offers the complete works of Willi Sucher available as free downloads; and an online video introductory course.

Check Current Articles: <https://www.astrosophy.com/currentarticles>

RECENT BOOKS

Andrew Linnell, *The Hidden Heretic of the Renaissance: Leonardo*

Description: The Hidden Heretic describes Leonardo's depiction of a deep mystery in his *Virgin of the Rocks* paintings. Because the Inquisition was still a menace to science and non-Catholic theologies, Leonardo dismembered his insights to safely reveal them individually through his artistic genius and through his students. The book shows how this dismembered mystery can be reintegrated through the insights of Rudolf Steiner. The book explores the role the mystic and wisest man of the Byzantine Empire, Georgius Gemistus Plethon, played as catalyst for the Renaissance. The author carries the reader back to 15th century Florence and Milan to experience its drama and artists.

Ordering: <https://www.amazon.com/Hidden-Heretic-Renaissance-Leonardo-ebook/dp/B0858B9VDM>

Interview: <https://www.youtube.com/watch?v=A-X4OtOutvQ>

Webinar lecture: <https://mystech.org/events-all/heresy-of-leonardos-virgin-of-the-rocks/>

UNDERREPORTED INITIATIVES

Merry Prepstirs Our effort for this new spray initiative is more focused on establishing a powerful energetic resonance among a number of different geographic locations by spraying the same preparations on the same day. Accordingly, participants in this new initiative, as well as those joining the effort in the future, will spray BD #500 (or preferably BD #500 XP) on the evening of the same day followed by a spray of BD #501 (in some form) on the morning of the following day.* We believe the vibrating resonance of such a group spray effort will have a most powerful positive effect. [JPI link](#) to get the schedule of upcoming sprays: [FB link](#)

RESOURCES ON THIS SITE

Initiatives:

<https://anthroposophy.org/individuals-and-initiatives/>: online map of anthroposophic initiatives

Online store:

<https://secure.anthroposophy.org/np/clients/anthroposophy/giftstore.jsp>

Includes Webinars (some free) and Journal for Anthroposophy

Blog entries

<https://anthroposophy.org/blog/>

[From the General Secretary](#)

June 3, 2020

[Five Good Words; Whitsun Gathering](#)

May 22, 2020

[An Exploration of the Twelve Senses – May Webinar](#)

May 8, 2020

[The “Calendar of the Soul”](#)

April 16, 2020

Etc.

The Anthroposopher Podcast

<https://anthroposophy.org/podcast/>

- [Creating Pictures of Peace](#) with Olivia Stokes Dreier of the Karuna Center For Peace Building
- [Courage, Fear and a Deep Breath](#) with Dr. David Gershan and Chris and Jerilyn Burke
- Dr. Lakshmi Prasana - [Healing, Educating, & The Twelve Senses](#)
- [Give More Than You Take](#) - Voices From The Biodynamic Association Conference 2019
- Lynn Jericho- [Have Yourself An Inner Christmas](#)
- [Biodynamics Or Bust!](#) Perspectives from the 2018 BDA Conference
- Hazel Archer Ginsberg - [Preserve The Light](#)
- Paul Chappell - [Beyond The Basic Human Needs Towards Peace](#)
- Sergio Gaiti - [Threefold Awareness](#)
- Joaquin Munoz - [Trauma, Resilience, and Education](#)

- The World In 2030 with Andrea De La Cruz
- Etc.